

EUROPEAN NARCOLEPSY DAYS 2025

16th Narcolepsy Days

In collaboration with:







OCTOBER 10-11, 2025

Istanbul, Turkey

Bezmialem Vakıf University

FRIDAY | OCTOBER 10, 2025

- Fundamentals & classification of narcolepsy
 + clinical case discussions
- · Animal models in pre-clinical narcolepsy research
- Year in review: key updates in basic and clinical research
- · Ongoing studies & clinical trials
- · Patient session
- MWT (Maintenance of Wakefulness Test): history, clinical use, pro/con debate
- Narcolepsy Research Award #1

SATURDAY | OCTOBER 11, 2025

- NT2 & Idiopathic Hypersomnia: definitions, overlap, pro/con debate
- · Young investigator award + oral communications
- Keynote lecture
- · Treatments & comorbidities
- Narcolepsy Research Award #2
- Closing ceremony: awards for best oral and poster presentations

LOCAL ORGANIZER

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For more information, visit: www.eu-nn.com/eventi/european-narcolepsy-days2025