

CREDITS

Schweizerische Neurologische Gesellschaft (SNG)

6 CREDITS

Schweizerische Gesellschaft für Schlafforschung, Schlafmedizin und Chronobiologie (SGSSC)

5 CREDITS

MEETING VENUE

University Hospital Basel,
Institut für Pathologie
Schönbeinstrasse 40
4056 Basel, Switzerland

LOCAL ORGANIZERS

Prof. Dr. med. Urs Fischer
Chairman Department of Neurology
Co-Chairman Stroke Center
University Hospital Basel

PD Dr. Alexandre Datta
Head a.i. of Pediatric Neurology and
Developmental Medicine, University
Children's Hospital Basel (UKBB), Co-
head of the Center of Sleep Medicine
and Chronobiology of the Basel
University Hospitals

WITH THE UNCONDITIONAL SUPPORT OF:



IN COLLABORATION WITH:



European Sleep Foundation
Lugano, Switzerland
info@europeansleepfoundation.ch
www.europeansleepfoundation.ch
+41 (0)91 2104024



For more information, visit:
[www.europeansleepfoundation.ch/
event/8th-swiss-narcolepsy-day/](http://www.europeansleepfoundation.ch/event/8th-swiss-narcolepsy-day/)



8th SWISS NARCOLEPSY DAY

FEBRUARY 2nd, 2023
Basel, Switzerland

The Swiss Narcolepsy Network (SNaNe)
The Swiss Narcolepsy Society (SNaG)
Basel University Hospital
Are happy to invite you to the:



Dear Colleagues

Asleep during the day! A growing number of people within the normal population suffers severely from daytime sleepiness. In some cases this is caused by narcolepsy - a rare and compromising, still underdiagnosed and not well understood disorder.

The **8th Swiss Narcolepsy Day** offers opportunities to address clinical aspects of narcolepsy and to report on scientific progress in disease management.

Together with the newly founded Swiss Narcolepsy Network (www.snane.ch) our goal is to find innovative new strategies that support the improvement of the patient's medical care

Warm Regards,

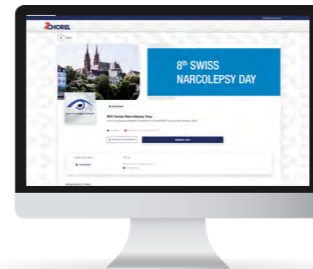
PD Dr. ALEXANDRE DATTA

Head a.i. of Pediatric Neurology and Developmental Medicine, University Children's Hospital Basel (UKBB), Co-head of the Center of Sleep Medicine and Chronobiology of the Basel University Hospitals

HOW TO ATTEND

The meeting will be held in Hybrid format. Upon online registration process, all attendees will have the chance to select *Virtual* or *In person* participation.

Participation to the 8th Swiss Narcolepsy Day is free of charge. Please note: online registration is mandatory to join the meeting.



REGISTER NOW!

Click [HERE](#) or scan the QR code for registration.

🇬🇧 Official Language is **English** except for a speech (German). Simultaneous translation will not be provided.

THURSDAY, 2nd FEBRUARY 2023

SCIENTIFIC PROGRAM FOR PHYSICIANS AND RESEARCHERS

13.30 Introduction
Urs Fischer, Basel (CH)

13.40 Key lecture
Parasomnias in narcolepsy and other disorders of central hypersomnolence 🇬🇧
Isabelle Arnulf, Paris (FR)

14.10 Update Pediatric SPHYNCS study 🇬🇧
Silvia Miano, Lugano (CH)

14.30 Update SNaNe Registry 🇬🇧
Julia van der Meer, Bern (CH)

15.00 ☕ *Pause*

15.30 Sponsored Simposia
Mazindol ER - a potential therapeutic option in narcolepsy and other rare sleep disorders 🇬🇧
George Apostol, CMO at NLS Pharmaceuticals

16.00 Data Science in Narcolepsy 🇬🇧
Ramin Khatami, Barmelweid (CH)

16.30 Orexin/hypocretin quantitative CSF measurements 🇬🇧
Elena Wenz, Bern (CH)

17.00 Psychiatric symptoms and comorbidities in narcolepsy patients 🇬🇧
Helen Slawik, Basel (CH)

17.30 Chronobiological aspects of central disorders of hypersomnolence 🇬🇧
Christian Cajochen, Basel (CH)

18.00 ☕ *Pause*

18.30 Talks in collaboration with the Swiss Society of Narcolepsy
(slides in english, talks in german)

Fatigue and sleepiness in children and adolescence 🇩🇪
Alexandre Datta, Basel (CH)

Transition from adolescence to adulthood in narcolepsy patients 🇩🇪
Mathias Strub, Basel (CH)

Obstructive breathing disorders and narcolepsy 🇩🇪
Werner Strobel, Basel (CH)

19.30 Closing remarks
Claudio Bassetti, Bern (CH)